## Educational Forum: Who are Community Health Workers?

Presented by West Livaudais, CHW October 18, 2022 6-7:30P via Zoom



#### **Welcome!** Please introduce yourself in the chat.

- This forum is being recorded and will be posted at <u>https://www.oregonsci.org/educational-forums/</u>
- We welcome your questions in the chat or raise your hand.
- Please mute yourself.
- The views and opinions expressed in this program are those of the speakers and do not necessarily reflect the views or positions of any entities they represent.



#### **Forum Speakers**



**Casey Moore, CHW** 



Francisco Elias, CHW



Hannah Rarick, CHW



Jennine Smart, MSW



West Livaudais, CHW



## **Community Health Workers 101 A Brief History and Overview**



#### What is a CHW?

#### A trusted member of a community...

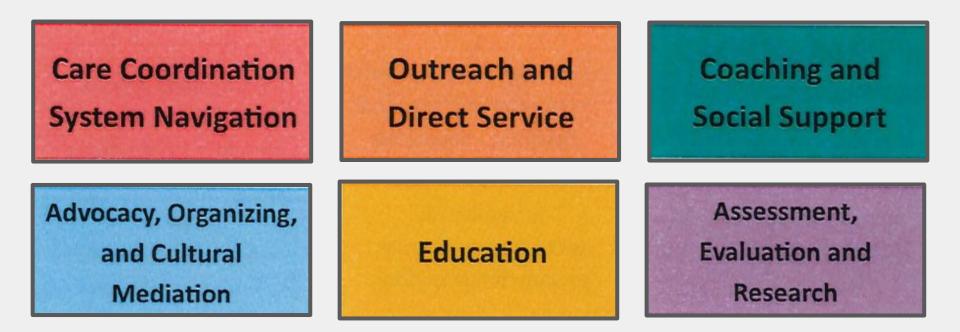
A liaison and link...

## An educator that builds individual and community capacity...

Source: APHA CHW Section <a href="https://www.apha.org/apha-communities/member-sections/community-health-workers">https://www.apha.org/apha-communities/member-sections/community-health-workers</a>



#### What does a CHW do?



Source: OHA Traditional Health Worker Commission

https://www.oregon.gov/oha/OEI/Documents/Traditional%20Health%20Worker%20Scope%20of%20Practice.pdf



#### How CHWs help after SCI?



Social & emotional support



Facilitate learning



Build community, friendships & link to resources



Avoid 2nd conditions



#### How are CHWs and peer mentors the same but different?

- Same person
- Training is different
- CHW services are coordinated and integrated with healthcare
- Certified/registered with Oregon Health Authority
- CHW services are reimbursable by Medicaid
- Health equity strategy



#### **Conversation with our panelist**

## Francisco Elias, CHW Hannah Rarick, CHW Casey Moore, CHW



### In the SCI community, who is a CHW?

#### Someone who...

- strives to **MAKE LIFE BETTER** for others who are living with SCI and their families
- has a **POSITIVE ATTITUDE** with strong interpersonal skills
- has both an optimistic and realistic outlook
- has **TIME** to connect with others
- has **KNOWLEDGE** and is **WILLING TO LEARN** more about living with SCI or caregiving
- is able to **LISTEN WELL**, be present, and share personal experiences and advice when appropriate
- has extensive **LIVED EXPERIENCE** with a spinal cord injury



#### We're HIRING!

**Who:** 3yrs+ SCI lived experience & demonstrated commitment to building SCI community

**What:** implement community integration programs among 130 QUAD Inc residents

Where: 5 QUAD Inc HUD apartment facilities in Portland, OR

Rate: \$19/hr, full-time (40hrs/wk) + health benefit stipend

When: accepting applications November 15th

Interested? <u>newsletter</u> | <u>website</u> | <u>email</u>



#### RESOURCES

<u>Oregon Spinal Cord Injury Connection CHW page</u> <u>Oregon Health Authority Traditional Health Worker</u> - how to become a CHW in Oregon <u>Oregon Community Health Worker Association</u> <u>On the Frontlines of Health Equity: Community Health Workers</u> - a guide to establishing a CHW program

Francisco Elias: francisco@oregonsci.org Casey Moore: casey@oregonsci.org Hannah Rarick: hannah@oregonsci.org Jennine Smart: jennine@orchwa.org West Livaudais: west@oregonsci.org



#### **Questions & Comments?**



# A special THANK YOU to partners and funders!





