

Educational Forum: Who are Community Health Workers?

Presented by West Livaudais, CHW
October 18, 2022 6-7:30P via Zoom



Welcome!

Please introduce yourself in the chat.

- This forum is being recorded and will be posted at <https://www.oregonsci.org/educational-forums/>
- We welcome your questions in the chat or raise your hand.
- Please mute yourself.
- The views and opinions expressed in this program are those of the speakers and do not necessarily reflect the views or positions of any entities they represent.

Forum Speakers



Casey Moore, CHW



Francisco Elias, CHW



Hannah Rarick, CHW



Jennine Smart, MSW



West Livaudais, CHW





ORCHWA

Oregon Community Health Workers Association

Community Health Workers 101 *A Brief History and Overview*



**OREGON
SPINAL CORD INJURY
CONNECTION**

What is a CHW?

A trusted member of a community...

A liaison and link...

An educator that builds individual and community capacity...

Source: APHA CHW Section

<https://www.apha.org/apha-communities/member-sections/community-health-workers>

What does a CHW do?

Care Coordination
System Navigation

Outreach and
Direct Service

Coaching and
Social Support

Advocacy, Organizing,
and Cultural
Mediation

Education

Assessment,
Evaluation and
Research

Source: OHA Traditional Health Worker Commission

<https://www.oregon.gov/oha/OEI/Documents/Traditional%20Health%20Worker%20Scope%20of%20Practice.pdf>

How CHWs help after SCI?



**Social &
emotional
support**



**Facilitate
learning**



**Build community,
friendships &
link to resources**



**Avoid 2nd
conditions**

How are CHWs and peer mentors the same but different?

- Same person
- Training is different
- CHW services are coordinated and integrated with healthcare
- Certified/registered with Oregon Health Authority
- CHW services are reimbursable by Medicaid
- Health equity strategy

Conversation with our panelist

Francisco Elias, CHW
Hannah Rarick, CHW
Casey Moore, CHW

In the SCI community, who is a CHW?

Someone who...

- strives to **MAKE LIFE BETTER** for others who are living with SCI and their families
- has a **POSITIVE ATTITUDE** with strong interpersonal skills
- has both an optimistic and realistic outlook
- has **TIME** to connect with others
- has **KNOWLEDGE** and is **WILLING TO LEARN** more about living with SCI or caregiving
- is able to **LISTEN WELL**, be present, and share personal experiences and advice when appropriate
- has extensive **LIVED EXPERIENCE** with a spinal cord injury

We're HIRING!

Who: 3yrs+ SCI lived experience & demonstrated commitment to building SCI community

What: implement community integration programs among 130 QUAD Inc residents

Where: 5 QUAD Inc HUD apartment facilities in Portland, OR

Rate: \$19/hr, full-time (40hrs/wk) + health benefit stipend

When: accepting applications November 15th

Interested? [newsletter](#) | [website](#) | [email](#)

RESOURCES

[Oregon Spinal Cord Injury Connection CHW page](#)

[Oregon Health Authority Traditional Health Worker](#) - how to become a CHW in Oregon

[Oregon Community Health Worker Association](#)

[On the Frontlines of Health Equity: Community Health Workers](#) - a guide to establishing a CHW program

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Questions & Comments?

A special THANK YOU to partners and funders!



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